



Bio cleanser

Bowel movements are the basis of your health. If you don't have at least one bowel movement per day, you are already walking your way towards health problems. The human body has not changed very much in the past several thousand years... however man's diet has certainly changed a lot. All the refined sugar, white flour, hormone/antibiotics-filled meats we constantly ingest, constitute an assault on our bodies. We are continuously violating our bodies by eating terrible foods. Colon cancer is the 2nd leading cause of [cancer deaths in the world](#).

So, all congestions and toxins must be removed, and it must begin with cleansing of the bowel.

One of the most frequent bowel problems that people experience today is [constipation](#).

A constipated system is one in which the transition time of toxic wastes is slow. The longer the "transit time," the longer the toxic waste matter sits in our bowel, which allows them to ferment and produce toxin gases possibly be reabsorbed. The longer your body is exposed to putrefying food in your intestines, the greater the risk of developing diseases. Even with one bowel movement per day, you will still have at least three meals worth of waste matter putrefying in your colon at all times.

Disease usually begins with a toxic bowel. Those having fewer bowel movements are harboring a potentially fertile breeding ground for serious diseases. Infrequent or poor quality bowel movements over an extended period of time may be very hazardous to your health.

Natural Colon Cleansing

Bio cleanser is one product that will provide you with the solution to your Constipation problem. It contains, natural ingredients which includes herbs which are known to kill [parasites and worms](#), contains [digestive enzymes](#), contains [probiotics](#) (beneficial bacteria), contains herbs that stimulates liver, gallbladder and intestines, also psyllium husk and others.

Dosage

For adult ; start with 2 sachets a day for the first 3 days, then 1 sachet a day there after.